

Certificate Course In

Thai Massage

**"Your guidebook to ancient
Thai Massage techniques"**

Thai Massage is a special massage technique that promotes positive energy circulation in the body to make you feel invigorated and balanced. Thai yoga massage is different from other massages due to its unique technique and is extremely beneficial in pain relief, stress reduction and headaches.



Thai Massage
HEAL YOUR BODY

Course Objective

Discover Wellness Thai Massage course is an extensive practical based training to help students start their own practice. You learn and practice the right strokes and movements to give your clients the exact benefits as anticipated from Thai massage.

Course Ideally Suited For

- Students/ Homemakers looking forward to start their own practice
- Individuals looking for full time/part time career at gyms, weight-loss centers, health centers
- Professionals who require certification for future career growth

Key Areas of The Course

- Master the strokes of Thai Massage
- Understand human body structure, and function of body systems related to massage
- Extensive hands-on training
- Develop scientific and technical knowledge behind Thai Massage
- Efficiency to work with an interdisciplinary health care team

Duration - 20Hours

Thai Massage	History of Thai Massage, Introduction to Sen Lines, Techniques of Thai Massage, Benefits, Contra-Indications etc.
Video Session and Discussiona	Introduction to Various Practical Thai Massage Techniques
Massage Demonstration	Demo of Draping, Strokes, Use of Massage Mediums

Features of This Course



Instructor led Online and Classroom Training for uninterrupted learning environment



Offline learning through Interactive Training videos for hassle-free, self-paced learning



Excellent course content including course books, DVD



A life time support to students through email & off-line chats

DISCOVER
Wellness Pvt. Ltd.

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